

# Drum Base

Rudiments ♩ = 65-80 Bpm

## Single Stroke Roll

Play for 30 seconds

RLRL RLRL RLRL RLRL

Play for 30 seconds

LRLR LRLR LRLR LRLR

## Double Stroke Open Roll

Play for 30 seconds

RLL RLL RLL RLL

Play for 30 seconds

LLRR LLRR LLRR LLRR

## Single Paradiddle

Play for 30 seconds

RLRR LLLL RLRR LLLL

Play for 30 seconds

LLLL RLRR LLLL RLRR

## Flam

Play for 30 seconds

LR LR LR LR

Play for 30 seconds

RL RL RL RL